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Self-Employment is about Self-Motivation

The main difference between success and failure in just about any field are those who do and those who just talk about doing. This is particularly true behind succeeding in self-employment. One of the most essential ingredients to success when working for yourself is being self-motivated. You have to want to succeed. It is simple as that - and yet, also that complex. To make it a bit simpler, below are 6 ways where those that succeed in life are different than those that don't.

- 1. **Self-Worth** | Success at just about anything starts with believing in yourself. Unfortunately for many, we have learned more about what we're not good at instead of what we are good at. This can be remedied. Start by taking inventory of your strengths and what your passionate about and build from there.
- 2. **Grow |** Like anything in nature, if we're not growing, we're dying. Make an effort each day to learn something new. Go beyond what you think you can and just go for it.
- 3. Set Goals | If you don't know where you want to be, how will you know when you get there? Goals are beautiful things. They can challenge and inspire us, as well as give us a basis for celebrating once we get there. By writing down your goals and looking at them often, you will be amazed at how quickly you achieve them.
- 4. **Focus** | Avoid changing your goals frequently. Just because you can do a lot of things doesn't mean that they will help you in the long run. More often than not, you can be wasting valuable time by diluting your efforts.
- 5. **Have a Plan |** Write down what you want. This can be a simple as a note about something you want to accomplish today, or creating a detailed Life Map[©] that captures all aspects of what you want out of life going forward. The very process of making your goals tangible makes them more real.
- 6. Celebrate Progress | This is another area where many of us fall short due to learning that it is more about what we haven't achieved instead of what we have. To counter this programming, start a Celebration Journal[®]. This is a simple log or document where you write down 5 things each day that you choose to celebrate. Note that how you define celebrate is as unique as you are. Do this daily and you'll be amazed at how many more things happen on a routine basis to celebrate.

What you focus on, expands. By following the above steps, it becomes easier to overcome obstacles as they arise – and they will. "*In to every life a bit of rain shall fall,*" they say. However, when you're centered, growing, set goals, focused, follow a plan and celebrate along the way, it's a lot easier to be self-motivated and enjoy the ups and downs of this adventure we call life.

For more information, visit: http://www.buzvr.org/

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