



<p>January 2014</p>	<p>A New Year - A New Review of the Basics:</p>
<p>Perspectives on the Power of Encouragement & Support</p>	<p><i>Helping persons with disabilities to help themselves</i></p> <p>"New Hampshire Vocational Rehabilitation (NHVR) helps persons with disabilities help themselves to get a job, keep the job, and develop a life time career."</p>
<ul style="list-style-type: none"> • 10 Majorly Successful People With Disabilities • Inspiring the Inspired - 7 Mentors of Great Historical Figures • Helping You Overcome My Disability • Hang Gliding Gives Those Who Can't Walk A Chance to Soar • The Heroes Project: 7 Wounded Warriors Climb 7 Killer Summits • 15 Wildly Successful People Who Overcame Huge Obstacles To Get There 	<p>With recent studies indicating that 40% of the workforce will be self-employed by 2020, we may be seeing an increase in NHVR customers turning to self-employment as their career option. That said, what is the difference between self-employment and traditional employment?</p> <p>Self-Employment: <i>Who's The Boss?</i></p> <p>The most important difference between self-employment and traditional employment is who's in charge. Traditional employment provides a high degree of structure in terms of where, when and how to perform work. Self-employment requires self discipline, self control, self motivation and most importantly, self-direction. What does this mean in terms of helping persons with disabilities to develop their careers?</p> <p>According to the dictionary, disability is defined as a <i>physical or mental condition that limits a person's movements, senses, or activities</i>. A further explanation goes on to add that those disabled possess <i>limitations in their ability to pursue an occupation because of a physical or mental impairment</i>. It is interesting that both definitions reinforce the term <i>limit</i>.</p> <p>Disabilities and Possibilities</p>
<p>Mentoring & Counseling Tips & Resources</p>	<p>What if the definition of a disability instead read a <i>physical or mental condition that influences a person's movements, senses, or activities differently</i>? And that those disabled <i>pursue an occupation differently because of a physical or mental impairment</i>?</p>
<ul style="list-style-type: none"> • How To Be A Great Mentor • What Are The Characteristics of An Effective Counselor? • Choose How You Want to Feel • How To Stay Positive in Challenging Times • Powering Through Tough Times • How to Limit Negativity in Your Life • Laughter is the Best Medicine 	<p>Consider the life of Tom Willis, for example. Born with no arms, Willis says, " I may look different, I may act differently, but it's OK to be different. I can do anything you can, just differently." At 55 and after a long career as a video producer, executive and communications specialist, Willis is now a motivational speaker. He writes with his feet, cooks, drives and threw out the ceremonial first pitch at an Orioles game last year.</p> <p>The Power of Mentoring</p> <p>So where did Willis get his self discipline, self control, self motivation and self-direction to drive his career growth? He credits his mother who said early on, "You're not getting any special treatment. You're going to be a contributing member of the family." How about Helen Keller and Anne Sullivan?</p> <p>These and other stories like them suggest that through encouragement and support, people with disabilities can and do succeed. In the federal fiscal year 2011, state vocational rehabilitation agencies provided encouragement and support to 579,305 applicants. In the same fiscal year, 326,627 cases were closed with 53.7 percent achieving successful employment! -- ROCK ON!!!</p>

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